Mattress Recycling Council®

MATTRESS STACKING GUIDELINES

- 1. Mattresses must be packed as efficiently as possible to maximize the number of units in each container or trailer.
- 2. When possible, place a box spring at the bottom of each horizontal stack that can be used as a pallet. This allows for efficient unloading at the recycling facility.





- 3. Position horizontal stacks of full and queen size units tight to one side of the trailer.
- 4. Lightweight twin units can be placed toward the top of a stack.
- 5. Use the extra aisle space on the opposite side to place king units vertically.

Expected number of units that can fit in various container sizes

Container	Number of Mattresses	Trailer	Number of Mattresses
20-foot sea container	35-45	28-foot trailer	60-95
40-yard roll-off container	35-50	53-foot trailer	125-190
40-foot sea container	75-95		

Mattress Loading Guidelines:



When loading stacks from the ground using a forklift,

each stack will be used to push the previous stack to the rear of the trailer.



When loading stacks from a dock using a forklift,

drive each stack to the rear of the trailer and place tightly to one side.



When manually loading a container,

horizontally stack units tightly to one side of the container, starting in the back.

Thank you for being a part of the Mattress Recycling Council's Bye Bye Mattress program and for your continued effort to help make the program run efficiently.