The Mattress Recycling Council’s Bye Bye Mattress program is an example of Connecticut’s environmental leadership and commitment to sustainability.

Bye Bye Mattress has recycled more than 775,000 mattresses in Connecticut since the program began in 2015. That equates to over 13,000 tons of material diverted from the state’s waste stream in just five years. If each unit was placed end to end, those mattresses would span 917 miles — enough to make over 8 trips across Connecticut.

50,000 mattresses a day are discarded in the U.S. and more than 80 percent of a mattress can be recycled into new consumer and industrial products, diverting valuable resources from the waste stream. Foam, steel, wood, cotton and other fibers from old mattresses can be turned into appliances, carpet padding, mulch and more.

Bye Bye Mattress is accessible to residents throughout Connecticut, offering no-cost opportunities for residents to discard their used mattress. Mattresses are collected through a variety of channels, offering consumers and businesses options for recycling. 136 communities offer direct access to the program through transfer stations, public works yards, collection events and through municipal curbside pick-up programs. In addition, 263 other public and private entities across Connecticut participate in the program including mattress retailers, hotels, universities, junk haulers and apartment complexes. Three public drop-off locations are also available to state residents.

MRC continues to expand participation from municipal transfer stations, as well as increase the number of mattresses collected from retailers, hotels and educational facilities for recycling.

Bye Bye Mattress raises awareness of the value of mattress recycling in Connecticut. MRC has implemented extensive outreach to educate consumers about mattress recycling through its Bye Bye Mattress brand, which features a unique logo and consumer-facing website, ByeByeMattress.com. More than one million visitors have visited the website, which offers residents an easy locator tool to find their nearest mattress recycling location or event.

MRC also provides extensive consumer education and outreach including point of sale materials that explain the recycling fee, public service announcements, social media campaigns, digital communications, community outreach at events and paid advertising including radio, television and billboards.

As an organization dedicated to recycling, MRC also works to curb illegal mattress dumping and find new end markets for recycled mattress materials.

**Why recycle?**

- **Creating Recycling Jobs**
- **Conserving resources by using OLD STEEL, FOAM, WOOD & other materials to create NEW PRODUCTS**
- **Reducing the number of ILLEGALLY DUMPED MATTRESSES**
- **Less reliance on WASTE TO ENERGY facilities by diverting mattresses from THE WASTE STREAM**
how to recycle your mattress

WAYS TO RECYCLE

1. **Collection Site Drop Off**
   Drop your old mattress off at your town’s participating Bye Bye Mattress collection site.

2. **Recycler Drop Off**
   Drop your old mattress off at our participating Bye Bye Mattress recycler.

3. **Retailers Take It**
   Ask your retailer. They may be able to take back your old mattress when your new one is delivered.

A complete list of drop off locations and collection events can be found at www.ByeByeMattress.com

For more information, contact:
- Dan McGowan | Northeast Program Coordinator | 860-830-3832 | dmcgowan@mattressrecyclingcouncil.org
- Marie Clarke | Vice President of Industry & External Affairs | 571-482-5428 | mclarke@mattressrecyclingcouncil.org

- more than 130 permanent mattress collection sites
- 2 recycling facility locations serving CT
- 6 mattress collection events each year

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